





September 2023 Menu

Elementary Breakfast & Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE				1 Donut Holes Fruit, Juice & Milk RIP Pizza Sticks Salad Red & Green Pepper Sticks Corn Choice of Fruit and Milk
4 NO SCHOOL	5 Chicken Biscuit Fruit, Juice & Milk Eagles "Chick-Fil-A" Sandwich Lettuce, Pickle, Tomato, Onion Steamed Broccoli Mixed Vegetables Choice of Fruit and Milk	6 Dutch Waffle Fruit, Juice & Milk Biscuits & Gravy w/Sausage Hash Browns Veggie Juice Choice of Fruit and Milk	7 French Toast Sticks Fruit, Juice & Milk Chicken Strip Basket BASKET INCLUDES: Garlic Breadstick & Onion Rings Green Beans Carrot & Cucumber Sticks Choice of Fruit and Milk	8 Cheesy Eggs w/Biscuit Fruit, Juice & Milk Beef Nachos Refried Beans Corn Salsa Sour Cream Choice of Fruit and Milk
	11 Breakfast Pizza Fruit, Juice & Milk Shredded Roast Beef w/Sliced Bread Mashed Potatoes w/Brown Gravy Green Beans Choice of Fruit and Milk	12 Breakfast Burrito Fruit, Juice & Milk Chicken Sandwich French Fries Steamed Broccoli Lettuce, Pickle, Tomato, Onion Carrot & Cucumber Sticks Choice of Fruit and Milk	13 Donut Fruit, Juice & Milk Chocolate Chip Waffles w/Sausage Hash Browns Veggie Juice Choice of Fruit and Milk	14 Waffles w/Sausage Fruit, Juice & Milk Meatball Sub Sandwich Waffle Fries Steamed Carrots Pudding Choice of Fruit and Milk
18 Cinni Mini Fruit, Juice & Milk Pizza Stuffed Breadsticks Salad Corn Celery & Cucumber Sticks Choice of Fruit and Milk	19 Biscuit & Gravy Fruit, Juice & Milk Eagle Appetizer Platter: (Boneless Wings, Mozz Sticks Onion Rings, Marinara Sauce) Baked Beans Carrot Sticks Choice of Fruit and Milk	20 Pancake/Sausage Sandwich Fruit, Juice & Milk Macaroni & Cheese w/Cheetos Topping Salad Steamed Cauliflower Steamed Carrots Choice of Fruit and Milk	21 Mini Pancakes Fruit, Juice & Milk Chicken Nuggets w/Roll Mashed Potatoes Green Beans Choice of Fruit and Milk	22 Ham & Cheese Croissant Fruit, Juice & Milk Italian Beef Sub Sandwich Steamed Broccoli Tator Tots Choice of Fruit and Milk
	25 26 Breakfast Corn dog Fruit, Juice & Milk Popcorn Chicken w/Chips Mixed Vegetables Steamed Carrots Red & Green Pepper Sticks Choice of Fruit and Milk	27 Donut Holes Fruit, Juice & Milk Eagle Burger French Fries Lettuce, Pickle, Tomato, Onion Baked Beans Choice of Fruit and Milk	28 Chicken Biscuit Fruit, Juice & Milk Chicken Leg w/Roll Mashed Potatoes w/Chicken Gravy Green Beans Choice of Fruit and Milk	29 Dutch Waffle Fruit, Juice & Milk Spaghetti w/Garlic Breadstick Salad Carrot & Cucumber Sticks Corn Iced Sugar Cookie Choice of Fruit and Milk

Please keep your child's account current. You may check your child's cafe account and/or fund their account by going to their Linq account. Please see Student Handbook regarding charging policy.

We offer a peanut butter & jelly sandwich meal or a chef salad meal in place of the meat and grain entrée daily

Student Breakfast Full Pay	1.85
Student Breakfast Reduced	0.30
Student Lunch Full Pay	2.90
Student Lunch Reduced	0.40

Adult Breakfast: \$2.75	
Adult Lunch: \$4.75	
LUNCH INCLUDES:	ALL MEALS MUST INCLUDE 3 OF THE 5 COMPONENTS OFFERED
ENTRÉE	1 OF THE COMPONENTS
VEGGIES	MUST BE A 1/2 CUP OF
FRUIT	FRUIT OR A VEGETABLE
MILK	

Non-Discrimination Statement: This institution is an Equal Opportunity Provider